



St. Elizabeth Academy

Developing the Successful Woman Inside Each Girl

MISSION STATEMENT

*St. Elizabeth Academy,
a private Catholic girls'
college preparatory high school,
sponsored by
the Sisters of the Most Precious Blood
of O'Fallon, Missouri,
makes academic success an attainable goal
for girls who have a wide range of abilities
and come from diverse backgrounds.
The religious atmosphere,
the caring community,
and a challenging
individualized curriculum
empower students to become
well-educated, self-confident
Christian women in a global society.*



Dear Parents and Students,

We are delighted that you are considering joining our St. Elizabeth Academy family. We know that choosing a high school is an extremely important decision and we want to help you make a well informed decision. If you have not done so already, please call us to schedule a visit. As soon as you walk in our doors, you will feel the difference. Our school community is truly a family, and our top priority is YOU.

As a college preparatory school, we seek to affirm and empower young women for success. We look at students as individuals and ask: "What can we do to help our students discover their God-given gifts, so that they may fulfill their potential role in God's mission?" We help young ladies see those gifts, those beauties, and discover what they have to offer the world. An SEA education is truly transformational. We help our students to build bright futures while making everlasting memories.

As you come to experience SEA, we are confident that you will want to make your high school memories with us.

God Bless You,

Sr. Susan Borgel, CPPS
President

Mrs. Christina Cheak
Principal

Spirituality

St. Elizabeth Academy is a community rooted in the Gospel and modeled on the four core values of the Sisters of the Most Precious Blood: Hospitality, Reconciliation, Presence, and Response to Human Needs. We take great responsibility in supporting the faith development of our students, faculty, and staff. Although the majority of our families are Catholic, our students and faculty come from a variety of religious backgrounds. Our campus ministry program prepares students to accept responsibility for their mission of living the Gospel, nurturing the ability to make moral decisions, and fostering the knowledge and appreciation of SEA's Catholic heritage. Graduating Seniors are "commissioned" to live their lives according to the values taught and modeled at St. Elizabeth Academy.

The SEA day begins and ends with the prayer: "Let us affirm and empower. Let us be the presence of Christ. St. Elizabeth, Pray for Us." We regularly celebrate school-wide liturgies with each class year participating in a retreat.

"Ta'Lisha was looking at uniforms, lunch menus, dance teams, and violin. I was looking for a setting that could meet her needs as a student who tries hard yet doesn't find learning especially easy and would support and encourage our values. The phrase 'Developing the Successful Woman Inside Each Girl' captured me. As I read the mission and philosophy of the school I became more and more sure that God had led us to the right place."

Diane Sonneman, Grandmother of Ta'Lisha Montgomery, Class of 2015



Scholarship

As a college preparatory school, St. Elizabeth Academy readies students for success at the college level and beyond. Our academic programs and activities stimulate students' critical thinking, creativity, and intellectual curiosity. SEA offers a varied curriculum to develop each girl's academic potential. Smaller class size and a caring community allow teachers to give students individual attention and encouragement to explore their intellectual gifts. College credit classes are available across the curriculum. SEA students can graduate with up to 30 college credits.

Our students discover their potential and graduate with confidence to pursue their chosen field of advanced study. Our graduates merit generous academic and athletic scholarships from colleges and universities across the country.

"I've learned that at SEA being a successful girl doesn't mean what high school you go to; it's about being yourself and learning how to become successful."

Elizabeth Goddard, Class of 2012

"I like the size of my classes and how I can easily talk with teachers one on one if I don't understand what they're explaining. The faculty is great and if you stumble across a problem, you'll normally be able to straighten it out with their help."

Sarah Human, Class of 2012



SEA's

Gifted Program places accelerated students in challenging honors courses and offers them an option for independent study outside of the regular curriculum. This program is tailored to the students' individual interests and abilities, offering self-directed learning, the development of critical analysis and synthesis, and the utilization of alternative learning strategies, including online courses. SEA encourages and promotes higher-level thinking and self-motivation that will prepare our students for their future.

SEA responded to the urgent need in the St. Louis area for additional programs that help meet the needs of students with learning disabilities and specialized learning needs by establishing the Individualized Curriculum Program (ICP). A Special Education teacher supports ICP students in attaining a high school diploma. This program is limited to 10% of the total SEA student population.

"In grade school I was shy and was known for being the smart kid who sat in the corner and read all during recess. I was afraid that if I went to a large school I would just fade into the background. A few weeks ago when it was my birthday, I was surprised at the number of people who wished me a happy birthday. At SEA I have a chance to be a big part of the school community."

Valerie Guempel, class of 2013

"I like being a student here because the wide variety of classes gives me the opportunity to learn about things I'm interested in along with the core classes."

Sara Poe, Class of 2012



Service



The SEA Christian Service Program is an outgrowth of the school's philosophy that "service to others is an expression of the Gospel Message." Likewise, one of the four core values of the Sisters of the Most Precious Blood is "response to human needs." Students learn early that the gifts they have are to be shared. They are reminded of SEA's patron, St. Elizabeth of Thuringia, who lived her life in service to those less fortunate. A total of 100 service hours must be completed by graduation including 10 hours of annual service to SEA.

Beyond St. Elizabeth Academy, students are encouraged to serve members of the local community who are in need and to recognize their responsibility for global stewardship. Service projects instill leadership, self-discipline, and social cooperation; furthermore, they encourage students to develop effective decision making skills and personal accountability. SEA students serve the community with humble enthusiasm earning recognition for St. Elizabeth Academy through the Archbishop May Service Awards.



"St. Elizabeth Academy became my home in 1970. Forty years later, I am still very grateful to the SEA community for bringing out the best in me. The lesson I cherish the most is the importance of volunteer work... I learned that great happiness may be found by brightening somebody else's day."

Kathy Cain Doerr '74, IT manager for the City of St. Louis and President of St. Louis Shakespeare



St. Elizabeth Academy

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Sisterhood

t. Elizabeth Academy is a school with many special traditions and activities all of which are rooted in the bond of sisterhood. This unique experience begins with Freshman Summer Bridge and the Big Sister/Little Sister Program and continues throughout the four years of high school. This sisterhood matures into a network of alumnae who remain connected beyond graduation, reuniting professionally and personally to support and celebrate one another throughout their adult lives. SEA Alums stay connected to the Academy through class reunions, the Alumnae Homecoming, Constant Contact, and Facebook. Our Alums support their school by attending and volunteering at various school events such as tutoring, Career Day, Annual Auction, Taste of SEA, and the Golf Tournament.

"This school is very diverse; girls coming from different economic backgrounds and able to get along with each other. SEA helps prepare them for college and the real world." Mr. and Mrs. Jos. Curotto, Parents of Nina Curotto, Class of 2013

"You really just have one population here, wonderful young ladies who enjoy each other's company and who really don't see the difference in terms of race and ethnic issues. They just seem to be St. Elizabeth girls."

Tim Person, Father of Lauren Person, Class of 2013



St. Elizabeth Academy

Sports



At St. Elizabeth, it's more than a game.

Our athletic programs promote intelligent leadership, sportsmanship, cooperation, and self-discipline. For our athletes, performance in a sport is the same as performance in the classroom, in the community, or at home. St Elizabeth's student athletes approach all endeavors with a commitment to excellence and an expectation of success.

We offer a variety of sports, fielding varsity, junior varsity, and freshman teams.



Our teams have earned state and national recognition. We have a steady stream of championships . . . with more to come. Empowered by their experiences in our program, St. Elizabeth athletes go on to compete at the collegiate level. Many of our student-athletes are recruited for athletic scholarships at colleges and universities across the country.



Student Life



The high school experience is not just about what students are learning in the classrooms; it is also about making lifelong memories. St. Elizabeth Academy is a place to get involved. It's a safe, caring environment filled with diverse people and many treasured moments. From Spirit Week to state championships, from activities and clubs to Student Government, from dances to retreats, students are one family, a sisterhood. Teachers, parents, and staff work together to give students opportunities to explore their interests and talents and choose a direction.

Guidance

Preparing for college is a process that begins in the freshman year and continues throughout the high school journey. Students are encouraged to set appropriate academic and personal goals according to their interests, talents, and abilities. Guidance counselors advise students in the selection of courses each year and work closely with families throughout the college search and admission process.

Activities and Clubs

At St. Elizabeth Academy there is an activity and a place for everyone. With over 20 different activities and clubs to choose from, our students are fully engaged in pursuing their passions. Clubs meet either right before school, during the school day, or immediately after school so that all students can participate in co-curricular activity without interfering with after school commitments such as athletics, play practice, or work. As student interests evolve, we create new activities and club offerings accordingly. A few of the most popular clubs or activities offered include Student Council, Anime (Japanese animation), Art Club, For Life Club, Wellness, Student Ambassadors, Orchestra, Chorus, Mission Club, Ecological Council, Technology Club, Robotics, Speech Team, and Hawk's Quill Literary Club.

Student Leadership

SEA provides numerous opportunities for students to grow as leaders. In all aspects of student life—academics, athletics, ministry, and community service—our students are encouraged to embrace responsibility with grace and integrity. Student leadership opportunities currently include: Student Council, Class Officers, Student Ambassadors, Campus Ministry, Athletic Team Captains, National Honor Society, and National Art Honor Society.

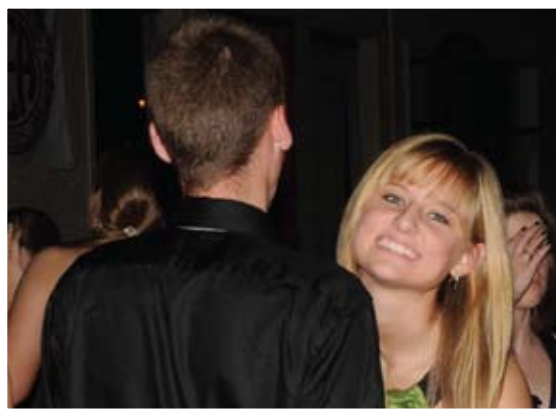
Performing Arts

St. Elizabeth Academy has a long history of student-involved performing arts. Yearly, the Academy presents a popular Musical and another more serious type of Drama. Recent productions have been: *Once Upon A Mattress*, *Steel Magnolias*, and *A Christmas Carol*. Students have an opportunity to perform, learn and assist as sound and lighting technicians, costumers, prop managers, musicians, and as directors. Coffee House Nights allow students to offer poetry, music, improv, and theatrical readings in a relaxed 70's style venue.

Fine Arts

Music and Art have always filled the halls at SEA. Students have opportunities to continue study of an instrument or to learn an instrument as part of the Fine Arts program. Christmas and Spring Concerts showcase the talents of the full Orchestra, String Orchestra, Jazz Ensemble, Concert Band, Concert Choir, and Select Singers.

The SEA Art Program encourages students to develop their individual artistic talents in various media such as drawing, painting, sculpting, photography, or digital techniques. Students wishing to pursue a collegiate art program have the opportunity to develop both real and digital portfolios in an AP college credit class. Art Shows and exhibits display the talented works from all students at both the Christmas and Spring Art Fairs.



Success



Our students say it best . . .

"I walked in the front door for freshman orientation and I was swarmed with friendly teachers and students. It was as if I was with all of my closest friends and family. That was when I knew that I had made a good choice in joining the family of St. Elizabeth Academy. As sad as I am to leave, SEA developed the successful woman that was once inside my young self."

Amanda Batty, '11, attending St. Mary of the Woods College.

"St. Elizabeth Academy is more than just a school or a community; it's a family. Everyone from the teachers to the students make SEA feel like a second home. In today's society, it is so important that girls get a solid education as well as a spiritual foundation to allow them to become self-confident, successful women."

Lucy Paasch, '11, attending Fontbonne University, St. Louis

"The experience of attending SEA has shaped me into a woman that I didn't realize I could become. I am more independent, self-confident, and happier than I ever imagined I could be, and I owe so much of that to SEA."

Yun Kyung Lee '07, attending Washington University, St. Louis, double majoring in International Business and Chinese

"What can I say that hasn't already been said? SEA is an amazing school that turns girls into women and teaches them that you can do whatever you want if you set your mind to it."

Kristy Nichols, '11, attending St. Louis Community College

"Other teens have been taught lessons in books, but me? I have been empowered. Empowered to use my strengths and talents to first glorify God and to dedicate myself to service- the mission of St. Elizabeth. My prior dreams have transformed into my present goals. I am not a successful woman, my classmates and I are not successful women; we are phenomenal women."

Deanna Tipton, '10 Valedictorian, attending Agnes Scott College, Decatur, GA

"SEA is a safe haven where no one is truly allowed to stereotype. Instead of putting each other into comfortable stereotypes, we accept one another for who she is and what she has to offer. And with this, we affirm each other so that strong bonds of friendship and respect can be made."

Emma Hanson, '11, Valedictorian, attending St. Louis University



Spirit



We invite you to learn more about St. Elizabeth Academy, please visit our website at www.seahs.org

Also visit www.thestudiosea.org

Learning More about St. Elizabeth Academy

St. Elizabeth Academy is an inclusive, private Catholic high school for young women founded in 1882 by the Sisters of the Most Precious Blood of O'Fallon, Missouri. SEA is accredited by AdvancED and is a member of the National Catholic Education Association. We invite you to learn more about SEA by attending any of the fall St. Louis Archdiocesan High School Nights or an SEA Open House. Open House at SEA includes a student led tour, where you will meet Faculty, Staff, and parents ready to answer questions and share the good news about a St. Elizabeth Academy education. Check our website for dates and times. Of course, you can contact the Admissions Director at any time by calling (314) 771-5134 x 205.

Planning a Visit

Eighth grade girls are encouraged to visit during September, October and early November as a Shadow Visitor. Your Student Ambassador Escort will introduce you to teachers and friends, give you a tour of the school, and take you to lunch. Seventh grade girls may visit during March and April. Please call the Admissions Office to schedule your visit day.

How to Apply

Students attending any of the Archdiocesan elementary schools or their Parish PSR program may obtain an application from their school. All others may contact the Admissions Office at (314) 771-5134 x 205 to have an application mailed to you. You will submit the application to your grade school Principal who will forward your transcript and records to SEA. The Admissions Committee reviews each applicant on an individual basis using elementary school records and recommendations from elementary school principals. SEA encourages all applications to be completed by July 30th.

Scholarships

SEA offers the following scholarships to all 1st choice applicants:

- The *St. Elizabeth* and the *Mother Theresa Weber Scholarships* are renewable academic scholarships given to incoming freshmen ranking greater than the 85th and 90th percentile respectively.
- The *SEA Alumnae Scholarship* is renewable and awarded to the highest ranking daughter, granddaughter, or great granddaughter of an alumna.
- The *Mother Borgia Springrose Leadership Scholarship* and the *Sr. Alphonsine Henke Service Scholarship* are awarded to incoming freshmen who exhibit exceptional leadership and service qualities and have at least a B average. Each scholarship is renewable for the recipient who continues to develop and document her leadership and/or service skills.
- The *Sr. Pudentiana Weingardt Art Scholarship* and the *Sr. Beatrice Marie Ketterer Music Scholarship* are one year, non-renewable scholarships awarded to incoming freshmen.

Freshmen applicants should inquire at the Admissions Office.

Financial Aid

Financial Aid is awarded on a "family's ability to pay" basis. Applications are available through the Finance or Admissions Offices. St. Elizabeth Academy strives to give financial assistance to as many families as possible.

Looking Smart in the SEA Uniform

Jewelry - Yes, students are allowed to wear jewelry such as small, simple earrings, necklaces, bracelets, and watches.

Shirt - Students must wear a red, white, or navy blue uniform shirt with the SEA logo. The shirt must always be tucked into the waistband of the skirt. Plain red, white, or navy blue t-shirts may be worn under the uniform shirt.

Make-up - Make-up may be worn in moderation. Better to save it for the weekend!

Sweater - The SEA sweater comes in red or navy blue and either pullover or cardigan style. Each has the SEA logo on the top left. An alternative to the sweater is the official red SEA sweatshirt. Sweaters, sweatshirts and uniform shirts can be purchased at Academy Outfitters, the on-campus spirit wear store.

Skirt or Pants - Students have the option of wearing the SEA plaid skirt or tan khaki uniform pants, available from Catholic Supply of St. Louis, Inc.

Socks or Tights - SEA girls may wear solid color red, white, or navy blue socks or tights. Socks may be ankle, calf, or knee length, but must be visible above the shoe line and cover the heel. Tights are so much warmer during the cold weather and dress up the uniform for special days.

Nail Polish - Yes, students may wear nail polish, but chipped nails or polish are never in fashion.

Shoes - Low-cut, brown or black leather-like school shoes, closed toe, slip on, or lace-up shoes may be worn.

Head Bands, Scarves, and Hair Color - SEA girls look beautiful in their natural hair color and can be enhanced by headbands of any color. Hats and scarves are not acceptable as part of the school uniform.



SAINT ELIZABETH ACADEMY



St. Elizabeth Academy

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